




## Contact Us

For more information, questions or concerns please contact the Canadian Red Cross, Chatham branch:

 519-352-2510

 [chatham@redcross.ca](mailto:chatham@redcross.ca)



75 Thames St  
Suite #204  
Chatham, ON  
N7L 1S4

# Let's Go Home with Homeward Bound

Chatham-Kent  
519-352-2510

Supporting your  
transition back home  
from hospital



### MISSION STATEMENT

WE HELP PEOPLE AND  
COMMUNITIES IN CANADA  
AND AROUND THE WORLD IN  
TIMES OF NEED AND SUPPORT  
THEM IN STRENGTHENING  
THEIR RESILIENCE.

FUNDED BY:



**Ontario  
Health**



## Available services:

The Program Coordinator will complete an assessment with the client / family / caregiver to determine their needs and required services.

If a ride home is needed, this will be coordinated using Family Service Kent transportation in one of their accessible vehicles (no stretcher transportation available).

Once home, additional services will be provided based on individual needs.

Available services are delivered over 4-6 weeks, and may include:

- **Homemaking** - wellness checks/socialization, meal prep, light housekeeping, laundry, and grocery shopping.
- **Transportation** - rides to follow-up medical appointments.
- **Community Connections** - Provide information and referrals to other community supports that can help you stay at home.
- **Frozen meals** - based on need.

## Program Eligibility

*Let's Go Home with Homeward Bound is a free temporary service, and does not provide permanent support. However we will do what we can to help link you to the supports needed to help you successfully manage at home.*

### To qualify:

#### Client must (all **must be met**):

- ⇒ Be an older adult aged 55+.
- ⇒ Have a planned or recent discharge from hospital to a home setting in their community (excludes Long-Term Care facilities and Nursing Homes).
- ⇒ Require transition and re-settlement support for 4-6 weeks.
- ⇒ Be medically stable and safe for discharge.
- ⇒ Be willing to accept services.

#### Client (at least one **must be met**):

- ⇒ Has been identified as at risk for re-admission to hospital or Emergency Department.
- ⇒ Has needs which exceed what family / care partners can provide.
- ⇒ Has limited support available from family / support network or lives alone.

Let's Go Home with Homeward Bound is a transitional support program that assists clients with settling back home following hospitalization.

Red Cross and Family Service Kent will work together to arrange safe transportation home from the hospital if needed. Next, an individualized service plan will be developed that best meets your needs.

All Let's Go Home with Homeward Bound services are **free** and eligibility does not depend on income.

Let's Go Home with Homeward Bound provides:

- A timely discharge from hospital and an easier transition home.
- Greater opportunity for success in recovery.
- Peace of mind for family.
- Access to nutritious food.
- Links and referrals to other community services.
- Wellness check-ins by program staff during service and post-service follow up.